



**ROTARY CLUB of CLAYTON Inc.**  
**Weekly Bulletin – 17th March 2008**  
**Vol 42 No 33**



**District 9810 Victoria, Australia**

P.O. Box 5078, Clayton 3168  
Chartered 17th April, 1965

Meets every Monday 6:15 for 6:30pm at Clayton RSL  
163 Carinish Road, Clayton (Melways 79D3)  
(No meeting on public holidays)

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**Office Bearers 2007- 08**

**President:** Jim Cochrane  
**President Elect & Club Service:** Michael Ellinger  
**Vice President:** Neil Rickard  
**Imm. Past President:** Glenda Rose  
**Secretary:** Bill Sides  
**Treasurer:** John Goldspink  
**Asst. Treasurer:** Neil Rickard  
**Community:** Warren Fricke  
**Youth:** Bob Millen  
**International:** Tom Portelli  
**Vocational:** Lesley Zuccaro  
**Program:** Jon Breisch  
**Bulletin Editor:** Michael Ellinger  
**Website & IT Coordinator:** Michael Ellinger  
**Rotary Foundation:** Jean Cochrane  
**Health Awareness & Australian Rotary**  
**Health Research Fund:** Richard Simmons  
**Fellowship, Fundraising:** Service Chairs  
**Golf Days:** Warren Fricke  
**Sergeant at Arms:** Ralph Zuccaro  
**Publicity:** All Club Members  
**Historian:** Bill Sides  
**On-to-Conference:** Ed Allchin  
**Used Stamps:** Jon Breisch  
**Membership:** Neil Rickard  
**Attendance:** Michael Ellinger  
**District Governor 2007-08:** Dick Garner  
**Assistant Governor:** Jeff Gouldson

**March is Rotary Literacy Month**

**THIS WEEK'S PROGRAM**

**Date:** 17<sup>th</sup> March  
**Speakers:** Neil Rickard & Bob Millen  
**Subject:** "Membership Discussion"  
**Chairman:** Richard Simmons  
**Duty Desk:** Lesley Zuccaro  
**Fellowship:** John Barnes  
**Bulletin Notes:** Dianne Day

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**Presidents Thoughts**



## LAST MEETING – 3<sup>rd</sup> March

**Attendance:** 76%

**Apologies:** John Goldspink, Lesley Zuccaro, Warren Fricke & Michael Ellinger

**Visitors:** Carol Bloomer, Heather Norling and Narelle Gouldson

**Make-ups:** Jon Breisch & Warren Fricke

**Sickness:**

**Travellers:**

**Director and Member Announcements:** See Notes

**Sergeant-at-Arms:** Ralph Zuccaro will donate a bottle of wine for the Raffle once a week for the new Presidents Collar. Lucky prize winner for this week was ?.

**Guest Speaker:** Jeff Gouldson

### Notes

The Sergeant opened the meeting with the Toast of Loyalty and Rotary Grace

President Jim welcomed members and guests and acknowledged the apologies and makeups.

Chairman PP Bill Sides introduced our guest speaker for the night, Jeff Gouldson, who is a member of the Rotary Club of Glen Waverley and also the AG looking after our club. Jeff brought along his wife, Narelle who is also in the Rotary Club of Glen Waverley. The subject for the night was the "Rail Compliance".

Jeff spoke on Rail Safety in Victoria - He showed photos and spoke about rail disasters in the last few years including Lismore, Oakleigh and Kerang. He spoke about Rail Safety from an historical background and the organisational aspects of Public Transport in Victoria. Jeff works in the Rail Audit and Compliance section.

There are 44 accredited Rail Organisations in Victoria, 25 Commercial and 19 Tourist and Heritage. Jeff spoke about the many rail safety audit requirements and then gave us an insight into the Kerang disaster and his involvement as part of the investigation team.

Jeff also wore another hat as a committee member of A.R.H.R.F and presented the Club with a certificate acknowledging donations to the fund in total of \$26000 plus of course another \$2000 after John Barnes rode from Lilydale to Warrigal on the first day of the Conference ride last Sunday.

Jeff Gouldson was presented with a pen by PP Bill Sides and thanked by the club for his talk and fantastic presentation.

## **General**

- We received a letter and gift from the Women's Federation of Nepal in recognition of our contribution to Healesville Matching Grant Project
- President Jim also announced that our meeting on the 21<sup>st</sup> April will be moved to the 23<sup>rd</sup> April so we can help the Rotary Club of Oakleigh celebrate their 50<sup>th</sup> Anniversary.
- Jon Breisch handed out tickets for the Monash Community Raffle.
- Bob Millen reported on "What's in it for me". There will be a forum on 15/5 to decide on how best to promote volunteerism in the City of Monash.
- Jean Cochrane spoke on our Conference costumes and Neil Rickard presented President Jim with our Conference shield.
- We have been approached by Heatherton Park to contribute to the construction of a Rotunda and, with the assistance of A.G. Jeff Gouldson, we will make an approach to Mitre 10 for the materials.
- President Jim reported on the Cluster G.S.E. meeting last Wednesday night organised by the Rotary Club of Wheelers Hill and attended by over 100 Rotarians at which we heard a presentation from the visiting G.S.E. Team from London. They gave an outstanding presentation.
- Hon Member Heather Norling, who was at the meeting, advised she is making Jams and Relish with proceeds to Rotary and is looking for medium sizes jars.

Our next Meeting on the 17<sup>th</sup> March will be a membership think tank chaired by Pres. Nom. Bob Millen & PP Neil Rickard. So bring along all your ideas, suggestions etc as to the best way to tackle this on-going issue of increasing our membership. It is important we have a plan and pursue it with a passion if we are to succeed and succeed we will so please all try and make this very important meeting.

### Announcements.

**Birthdays in March:** 5<sup>th</sup> Neil Rickard, 22<sup>nd</sup> Bill Sides

**Wedding Anniversary's in March:**

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## **Rotary Club of Oakleigh**

On 23<sup>rd</sup> April the Rotary Club of Oakleigh will be celebrating the 50<sup>th</sup> Anniversary of the granting of its Charter with a dinner at "Merrimu Receptions", Dandenong Road, Murrumbeena.

The sponsoring of the Rotary Club of Clayton was a significant event in our history and an invitation is extended to all members and partners to join us at this celebration.

A formal invitation will be forwarded later and this notice is to advise you in advance of this coming event.

The chief guest on the night will be Past RI President Royce Abbey AO.

I hope a group from your club will be able to attend this significant event in our clubs history.

Peter Norman, President.

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## 2008 Membership Meeting Opportunity.

**NOVOTEL HOTEL,  
285 Springvale Road, Glen Waverley  
Tuesday 1<sup>st</sup> April, 2008  
7.30 pm – 9.00 pm**

So many people do not know what Rotary “does” so they do not have an interest in joining. Once they see Rotary in action and the positive impact it has they could want to be invited to join. So we want to try a new membership meeting idea. A top speaker talking about Rotary, making a global difference – who better than Tom Henderson, the creator of Shelter box.

So we have arranged a special meeting to which Rotarians can come, but, **only** if you bring along prospective Rotarians. ***This is not just a free Club night out. We want more non-Rotarians than Rotarians there.*** So get out those lists of people that your membership person has been compiling and invite them along to:

- ***A top hotel venue***
- ***At no cost to your Club or your guests***
- ***To hear a great inspirational speaker***
- ***To get non-Rotarians excited about joining Rotary***

Arrange to pick them up and bring them along – talk to them on the way back about how you become a Rotarian. Give them a “Share Rotary” Card to come to one of your meetings. The Tom Henderson Flyer has been sent to both your Club President and Secretary. This is a golden opportunity to make an impact on your membership in just 30 day’s time.

***Admission is only available by pre-registration with Rob Verity - email:  
rverity@bigpond.net.au***

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## HEALTH ARTICLE

### Heart Screening - looking for participants

BUPA Australia is proud to support the development of programs that deliver better health outcomes for our members. One of these programs is the Screen-HF or BNP Trial, which is being run in conjunction with the Centre of Clinical Research Excellence (CCRE) in Therapeutics, Monash University based at the Alfred Hospital.

Screen-HF stands for ‘**SC**reening **E**valuation of the **E**volution of **N**ew **H**eart **F**ailure’ and is the investigation of a hormone released by the heart in response to increased pressure or stretch. This hormone is called brain natriuretic peptide (BNP). This study aims to prove that a simple blood test can detect the early stages of heart failure and should help researchers learn how to assist people who are susceptible to heart failure to get treatment and prevent heart failure developing.

The study is still recruiting candidates to be part of the trial and is looking for persons aged 60 years and over, who currently have a risk factor like high blood pressure or diabetes mellitus.

If you would like to participate in this trial, or know someone who would be suitable, please contact Louise Shiel, Senior Research Fellow, Monash University, Ph. (03) 90766169.

Please be assured that if you choose to participate, HBA will not be given any specific information about your health by the CCRE in Therapeutics, and that your participation in this program is your choice and has no bearing on your health cover policy in any way.

If you are interested in participating in this project please contact Kathy Thomson, at the address below.

Kathy Thompson  
Strategic Business Systems Manager  
Provider & Procurement  
HBA & Mutual Community  
Telephone 03 9937 4138  
Fax 03 9937 4419

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## RC of BOX HILL

### REDUCING ROAD RAGE (RRR)

The RC of Box Hill has been asked by Box Hill Hospital Department of Eastern Health if we could

assist them in promoting their forthcoming Road Rage Reduction Programs.

A copy of this brochure has now been forwarded to all clubs.

An outline of the program is given below. Looking at the actual brochure there appears to be a charge for this course, but it does not indicate how much.

#### **Program Outline**

The program includes; what is road rage, how it is expressed, common triggers for road rage, thinking styles that lead to road hostility, personality factors, behavior change strategies, and practicing new ways of thinking to reduce hostility whilst driving.

A variety of stress management and relaxation techniques are also practiced in the program.

#### **Program 2008 Dates**

**Course One:** March 18th

Initial individual interview.

Course begins and runs six consecutive Tuesday evenings - April 1 - May 6, 2008.

**Course Two:** October 7th

Initial individual interview.

Course begins and runs six consecutive Tuesday evenings October 14 - November 25, 2008.

If you would like to know more about the program, please contact:

Course enquiries and Information:

Contact: Eastern Health

Health Promotion Unit Ph. 98954947

[health.promotion@easternhealth.org.au](mailto:health.promotion@easternhealth.org.au)

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## **RC of MOUNT WAVERLEY**

### **Good Friday Charity Golf Day March 21, 2008, commencing 7:30 am**

Glen Waverley Public Gold Course  
cnr Jells Rd & Waverley Rd

Bookings open now at the Course  
**PHONE: 9560 7806**

**HOLE IN ONE  
PUTTING COMPETITION  
NEAREST THE PIN  
PLUS OTHER ATTRACTIVE PRIZES  
FUN FOR THE WHOLE FAMILY**

**Entrance Fee For Competitors:  
18 HOLES \$25.00 9 HOLES \$18.00  
Proceeds to  
ROYAL CHILDREN'S HOSPITAL  
AND MONASH CHARITIES**

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## **RC OF SPRINGVALE CITY**

### **INVITATION**

#### **Wine Tasting Afternoon**

**Sunday, April 20, 2008**

**12:30 pm onwards at**

*Carlei Green Vineyards Estate  
1 Alber Road Upper Beaconsfield  
(Melway map 210 F6)*

#### **Lunch**

A Spit Roast lunch will be provided with a variety of salads at \$20.00 per head, feel free to bring your own additional supplies if you wish.

#### **Drinks**

Sample the fine wines of 3 labels of Carlei Estates - Carlei Green Vineyards, Turners Crossing and Carlei Wines. Bottle water and soft drinks will be available, \$5.00 for five wine tastings. This will be credited to any wine purchases you will make throughout the afternoon.

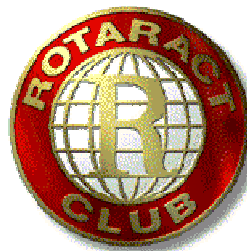
During the afternoon there is an opportunity to purchase some of the wines that you have tasted and enjoyed.

#### **Wine Auction**

Some Premium and Select Wines will be auctioned on the day.

The funds subsequently raised will be used for our Rotary Projects.

**RSVP by Friday 11th. April 2008  
Ken Branch Mob: 0414 504 505**



#### **Rotaract Roster**

Meetings in March – TBA

## The Four-Way Test

From the earliest days of the organization, Rotarians were concerned with promoting high ethical standards in their professional lives. The Four-Way Test, which was created in 1932 by Rotarian Herbert J. Taylor when he was asked to take charge of a company that was facing bankruptcy. It was adopted by Rotary in 1943 and has been translated into more than 100 languages.

"Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

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## Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

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## SUMMARY OF COMING EVENTS:

### April:

- Wednesday 23<sup>rd</sup> - 50<sup>th</sup> Anniversary of the granting of its Charter at "Merrimu Receptions", Dandenong Road, Murrumbeena.

### May:

- Saturday 3<sup>rd</sup> & Sunday 4<sup>th</sup> - MUNA
- Sunday 18<sup>th</sup> – District Assembly.

### June:

- Monday 23<sup>rd</sup> – Club Changeover at Mulgrave Country Club
- Sunday 29<sup>th</sup> - District Governors Changeover.

## WHERE OTHER CLUBS MEET

A Rotarian can attend the weekly meeting of any Rotary club around the world. This is a "make-up" and counts as attendance credit when you are not able to attend a meeting of your own club. Meeting details of some local clubs are:

### BENTLEIGH MOORABBIN CENTRAL:

Wednesday 7.00 am for 7.10 am (breakfast)  
Hemisphere Centre, 488 South Road, Moorabbin

**BRAESIDE:** Monday 6.00 pm for 6.15 pm at Melbourne Golf Academy, 385 Centre Dandenong Road, Heatherton.

**CHELTENHAM:** Wednesday 12.30 pm for 1.00 pm  
Buckingham Motel, 1130 Nepean Highway, Highett.

**DINGLEY VILLAGE:** Wednesday 6.30 pm for 6.45 pm  
Dingley International Hotel, Boundary Road, Dingley Village.

**GLEN WAVERLEY:** Monday 6.00 pm for 6.30 pm  
Village Green Hotel (Cabaret Room), Cnr Springvale & Ferntree Gully Roads, Mulgrave.

**HAMPTON:** Tuesday 7.00 pm for 7.30 pm  
Classic Residences, 5 Brewer Road, Bentleigh

**HUNTINGDALE:** Thursday 6.30 pm for 7.00 pm  
Huntingdale Golf Club, Windsor Avenue, Huntingdale

**MONASH:** Wednesday 7.00 am for 7.15 am  
Victoria Police Academy, Viewmount Road, Glen Waverley

**MOORLEIGH-MOORABBIN:** Monday 6.30 pm for 7.00pm –  
South Oakleigh Club, 1 Victor Road, East Bentleigh.  
*Note recent name change.*

**MORDIALLOC:** Tuesday 6:00 p.m. for 6:30 p.m. Mentone  
Motor Hub Motor Inn 200 Nepean Highway (cnr Warrigal Road), Mentone

**MOUNT WAVERLEY:** Wednesday 6.00 pm for 6.30 pm.  
Bruce County Motor Inn, 445 Blackburn Road, Mount Waverley

**NOBLE PARK:** Thursday 6.00 pm for 6.30 pm. Sandown  
Regency Motor Inn, 477 Princes Hwy, Noble Park

**OAKLEIGH:** Thursday 12.30 pm for 1.00 pm. Leighoak  
Tabaret, 1555 Dandenong Road, Oakleigh (Cnr Atkinson St)

**SPRINGVALE CITY:**  
Thursdays: 6.15 for 6.30pm at Board Room, Sandown  
Greyhounds Tabaret, View Road, Springvale.

**WAVERLEY:** Tuesday 12.30 pm for 12.45 pm  
Riversdale Golf Club, Huntingdale Road, Mount Waverley.

**WHEELERS HILL:** Tuesday 6.30 pm for 7.00 pm  
Mulgrave Country Club, Cnr Wellington & Jells Road,  
Wheelers Hill

Details for all District 9810 clubs can be obtained in the district directory or website. Details for clubs around the world are available in the RI Directory (held by the club secretary) and on the RI website ([www.rotary.org](http://www.rotary.org))

## FORTHCOMING ROSTERS

### **This WEEK**

**Date:** 17<sup>th</sup> Mar

**Speaker:** Neil Rickard & Bob Millen

**Subject:** "Membership Discussion"

**Chairman:** Richard Simmons

**Duty Desk:** Lesley Zuccaro

**Fellowship:** John Barnes

**Bulletin Notes:** Dianne Day

### **.....AND THE NEXT**

**Date:** 24<sup>th</sup> Mar

**Speaker:** No Meeting (Public Holiday)

**Subject:** ""

**Chairman:**

**Duty Desk:**

**Fellowship:**

**Bulletin Notes:**

### **.....AND THE NEXT**

**Date:** 31<sup>st</sup> Mar

**Speaker:** TBA

**Subject:** ""

**Chairman:** Lesley Zuccaro

**Duty Desk:** John Barnes

**Fellowship:** Dianne Day

**Bulletin Notes:** Michael Ellinger

### **LOYAL TOAST**

Please charge your glasses and assist me in toasting: Rotary International and our country, Australia.

### **ROTARY GRACE**

For good food, for good fellowship, and the opportunity for Service through Rotary, We Thank You O Lord, Amen

### **REMINDER**

Contributions for inclusion into the Bulletin should be passed to [michaele@netspace.net.au](mailto:michaele@netspace.net.au) by Friday evening of each week.

Please ensure that the club is aware if you will be missing a club meeting. Contact Michael Ellinger on 9541-5356 by 4 pm on the day of the meeting if you are not going to be present.

## ON THE LIGHTER SIDE

A woman and a man were involved in a head-on crash. The cars were reduced to wrecks, but both drivers were able to crawl from the vehicles with hardly a scratch.

The woman looked at the other driver and said: "Don't you think it interesting that I am a woman and you are a man? This must be a sign that we should meet in this way, survive the crash and live together in peace for the rest of our days?"

Flattered the man replied: "I agree with you completely. It must be a sign."

The woman then surveyed the wreckage and suddenly said: "Hey! Here's another miracle. The cars are a wreck but this bottle of wine did not break. That must be a sign to celebrate our good fortune by drinking the wine?"

The man nodded agreement, uncorked the bottle and gulped down half of its contents. He handed the bottle to the woman who corked it and returned it to him. "Aren't you having any?" he asked.

"Naw," came the reply. "I think I'll just wait for the police to arrive."



Two accountants were out cycling when one asked: "Where did you get such a great bike?"

His friend replied: "The strangest thing happened. I was walking along minding my own business when this beautiful woman rode up on the bike, took off all her clothes and told me to take what I liked."

The first accountant nodded approvingly and said: "Good choice, The clothes probably would not have fitted you."

The Rotary Club of Clayton proudly welcomes and thanks its major Golf Sponsor for 2008

 **Jefferson Ford**  
58 Nepean Hwy, Mentone, 9581 2525  
[www.jeffersonford.com.au](http://www.jeffersonford.com.au)