



# ROTARY CLUB of CLAYTON Inc.

District 9810 Victoria, Australia

## Weekly Bulletin 2009-2010

Meets every Monday from 6:30pm at L'unico Restaurant  
319 Clayton Road, Clayton (Melways 79C2)  
(No meeting on public holidays)



7<sup>th</sup> December 2009

Volume 44, Number 22

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### Presidents Report

**"When Rotary started talking about polio, people listened."**

*- William Gates Sr., co-chair of the Bill & Melinda Gates Foundation*

Hello Rotarians.

This item from the weekly newsletter of Rotary International caught my eye this week. The Polio Eradication project has such a high profile in District 9810; I thought that this article provided a succinct summary of the progress achieved to date.

This Item copied from the Rotary International Newsletter December 4<sup>th</sup> 2009

The US\$555 million funding agreement between Rotary and the Bill & Melinda Gates Foundation marks another milestone in Rotary's 20-year legacy of polio eradication work.

Rotary, a volunteer service organization of 1.2 million men and women made a commitment to immunize the world's children against polio in 1985 and became a spearheading partner in the Global Polio Eradication Initiative three years later. The other partners are the World Health Organization, the U.S. Centres for Disease Control and Prevention, and UNICEF.

Rotary's primary responsibilities include fundraising, advocacy, and volunteer recruitment. To date, Rotary has already contributed more than \$800 million to the polio eradication effort.

With nearly 33,000 clubs in over 200 countries and geographical areas, Rotary reaches out to national governments worldwide to generate crucial financial and technical support for polio eradication. Since 1995, the advocacy efforts of Rotary and its partners have helped raise more than \$3 billion in vital funding from donor governments.

Rotary clubs also provide "sweat equity" on the ground in polio-affected communities, which helps ensure that leaders at all levels remain focused on the eradication goal. Over the years, Rotary club members have volunteered their time and personal resources to reach more than two

Website - <http://rotarnet.com.au/users/9/98110/index.htm>

## Rotary Four Way Test

"Of the things we think, say or do:

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?"

billion children in 122 countries with the oral polio vaccine.

Thanks to Rotary and its partners, the number of polio cases has been slashed by more than 99 percent, preventing five million instances of childhood paralysis and 250,000 deaths. When Rotary began its eradication work, polio infected more than 350,000 children annually. In 2008, fewer than 2,000 cases were reported worldwide.

But the polio cases represented by that final 1 percent will be the most difficult and expensive to prevent for a variety of reasons, including geographical isolation, worker fatigue, armed conflict, and cultural barriers.

That's why it's so important to generate the funding needed to finish the job. To ease up now would be to invite a polio resurgence that would condemn millions of children to lifelong paralysis in the years ahead.

The bottom line is this: As long as polio threatens even one child anywhere in the world, all children – wherever they live – remain at risk.

Enjoy the week

Bob

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## Important Club Dates

**Thursday 10/12/09** – Clayton Westpac Bank Christmas Luncheon. 11:30 am for a 12 noon start at Clayton Football Club.

**Sunday 13/12/09** – Club Christmas Party at the home of Reddy & Padma Kandadi. 1:00 pm start for lunch. RSVP to Reddy before 1<sup>st</sup> December.

**Wednesday 16/12/09** – Board Meeting starting at 6:00 pm (Heather Norling's Home)

**Monday 28/12/09** – No Club Meeting.

**Monday 04/01/10** – No Club Meeting.

**Sunday 14/02/10** – Clayton Community Festival.

**Friday 26/02/10 to Sunday 28/02/10** – District 9810 Conference. Venue is Deakin University Waterfront Campus, Corner Western Beach & Gheringhap Street, Geelong.

**Wednesday 11/03/10 to Sunday 14/03/10** – Australian Women's Open Golf Car parking.

**Monday 03/05/10** – Annual Charity Golf Day at Spring Valley Golf course. Further details (TBA).

## THE OBJECT OF ROTARY

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

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## Golf Day Sponsors

A list of all our 2009 Annual Charity Golf Day sponsors can now be found on the Rotary Club of Clayton web page. To see the sponsors you can follow the following link:-

[http://www.rotarnet.com.au/users/9/98110/golf\\_day\\_sponsors.htm](http://www.rotarnet.com.au/users/9/98110/golf_day_sponsors.htm)

All proceeds raised at the 2010 Golf Day on the 3<sup>rd</sup> May will support the programs run by Ronald McDonald House.

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## Last Week & Upcoming Club Program

### Last Meeting (30/11):

This week we held our club Annual General Meeting (AGM). Reports were provided by Michael Ellinger, Warren Fricke and Bill Sides. Copies of the reports can be found in the "Annual 2008 – 2009 Report" which has now been sent by e-mail to every club member and can also be found on our Web page under "Members Information".

President Elect Bill Sides also announced the Club Office Bearers for 2010 – 2011 as follows:-

- President Elect 2011 – 2012 is **PP Jon Breisch**.
- Treasurer is **PP Warren Fricke**.
- Sergeant is **PP Richard Simmons**.

The nominations for these three positions have now closed.

The nomination for Secretary is still open. If you wish to be nominated for Secretary, please contact Bill Sides.

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### Meeting Notes:

- Reddy gave an update of our club Christmas lunch this year which is on the 13<sup>th</sup> December. The venue is at the home of Reddy & Padma Kandadi. The day will start at 1:00 pm for lunch. BYO Drinks & Chair. Please RSVP to Reddy by the 7<sup>th</sup> December.
- Jim gave an update on the Australian Women's Open Golf which will be held from the 11<sup>th</sup> to 14<sup>th</sup> March 2010. Bob & Jim have now met with Golf Australia and it is now confirmed that we will be parking cars. Jim is currently looking for volunteers who can help over the 4 days. We will be parking the cars in the same school ground as we did earlier this year. The golf event will be held at the Commonwealth Golf Club. See Jim for further details.
- Conference forms are now due and should be passed on to John Goldspink or Jim Cochrane as soon as possible. Also we are trying to establish the final numbers for the conference so we confirm our bookings for the accommodation.

## Special Announcements

19<sup>th</sup> December –  
Wedding Anniversary  
for Ed & Margot Allchin.

19<sup>th</sup> December – Lesley  
Zuccaro Birthday.

24<sup>th</sup> December – Bob  
Millen Birthday.

28<sup>th</sup> December – Jon  
Breisch Birthday.

- Update was given on the Clayton Festival which is being held on the 14<sup>th</sup> February in the main street of Clayton. This year we plan to promote the good work Rotary is doing to eliminate Polio by setting up an information booth and running a video. At this booth we plan to also promote our club and at the same time will invite Rotaractors from the new Monash club to use this opportunity to also promote Rotaract. Bill & Dianne Sides have been approached to have their cars available on the day again.
- Reminder that there will be no club meetings on the 28<sup>th</sup> December and 4<sup>th</sup> January.

**Apologies** = Jon Breisch, John Goldspink, Glenys Pattison, Bob Millen & Lesley Zuccaro.

**Make Ups** = John Barnes, Gaye Barnes, Glenys Pattison & Heather Norling.

**Leave of Absence** = Dianne Day

**Visitors** = None.

### **This weeks Roster (07/12):**

Guest Speaker = John Barnes (Travel Adventures)

Chairperson = Ed Allchin

Desk = Jon Breisch

Visitors = Jean Cochrane

### **Roster for 14/12:**

Guest Speaker = (TBA)

Chairperson = Jon Breisch

Desk = Jean Cochrane

Visitors = Jim Cochrane

### **Roster for 21/12:**

Guest Speaker = Club Assembly

Chairperson = Bob Millen

Desk = Jim Cochrane

Visitors = Warren Fricke

**Please remember if you cannot perform your rostered job, it is your duty to find a replacement to take your place**

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## District 9810 News

### Formation of Sustainable Communities District Committee in 2010/11

Expressions of interest are sought from members interested in being part of a District committee to encourage the community to adopt sustainable practices in their every day life.

For example, keeping your tyres pumped up can save 100kg of CO2 emissions per year; a microwave oven uses more energy to run the clock over the year than it does to heat food – so use a watch to tell the time and keep the microwave for heating; recycling one aluminium can saves enough energy to run a TV for 3 hours, while doing the same for 40 plastic bottles will run a fridge for an hour. *You get the picture.*

DGE David Alexander or PP Pat Armstrong would like to hear from you.

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## Upcoming Events in Monash

### 2009 Monash Carols by Candlelight

**Sunday, 20 December 2009**

Jells Park, Wheelers Hill

**8pm - 10pm**

- **4 pm** - Kids activities (jumping castle and animal farm)
- **7.15 pm** - Kids pre show entertainment
- **8.00 pm** - Main concert
- **10.00 pm** - Fireworks finale

The magic of Christmas is captured under the stars each December at Jells Park, where the community comes together to enjoy the Monash Carols By Candlelight Concert.

The Monash Carols by Candlelight has grown over the years to become a major community celebration, consistently attracting an average of 18,000 people from the City of Monash and surrounding areas.

Hosted by well-known TV and radio personality, Pete Smith and featuring talented local performers and musicians. This event is entirely community focused with an impressive choreographed fireworks and music spectacular.

Now in its 21st year, the Monash Carols by Candlelight will be held on Sunday the 20th December. The City's most prestigious event fosters a strong sense of community and involves the valuable work of volunteers within the city.

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## Upcoming Events in Kingston

### ST ANDREW'S PARISH COMMUNITY CAROLS BY CANDLELIGHT

**Saturday, 12 December 2009**

**6:30 PM**

Entry is free.

Sausage sizzle and refreshments available for purchase from 6.30pm

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Website - <http://rotarnet.com.au/users/9/98110/index.htm>

Carols commencing at 8.00pm

For your comfort, please bring picnic blankets, cushions to sit on as well as warm jackets etc.

**LOCATION:** St Andrew's Catholic Primary School (Oval), 96 Bunney Road, Clayton South

**CONTACT NAME:** Marilyne-Pierre Wong **PHONE:** 9558 1138

## **New Kingston Mayor Elected**



At a Special Statutory Council Meeting held on Thursday night December 3, Councillor Steve Staikos was unanimously voted Mayor of the Kingston Council for the next twelve months. Councillor Donna Bauer was elected Deputy Mayor. Councillor Staikos' election to the role of Mayor coincides with his first anniversary as a Kingston Councillor. All Councillors attending the Special Meeting welcomed the outcome of the election and wished the new Mayor success in the coming year.

Aged 26, Councillor Staikos is one of Kingston's youngest Mayors and follows in the footsteps of his fellow North Ward Councillor, Arthur Athanasopoulos, who was just 24 when first elected Mayor. Like outgoing Mayor Athanasopoulos, Councillor Staikos will be a full-time Mayor of the City. Following the election, Councillor Athanasopoulos pledged his support to Councillor Staikos and said he was looking forward to working with him during his Mayoral term.

Councillor Staikos is an avid advocate for the residents of the City of Kingston, having lived in the Clayton and Clarinda region throughout his life. He attended Clarinda Primary School before completing his secondary education at St Bede's Secondary College in Mentone. He subsequently obtained a Bachelor of Arts, Humanities and Social Sciences at La Trobe University and a Graduate Diploma of Education at the University of Melbourne

"I am extremely honoured to have been entrusted with this responsibility and look forward to playing a leadership role in guiding the decision making process for the well-being of our wonderful City," said newly elected Mayor Staikos.

Kingston's new Mayor has played a key role on a number of Council Committees since his election as a North Ward Councillor in November last year, including placing a major focus on the City's young people with his involvement on the Kingston Youth Festival Committee and the Kingston Youth Advisory Committee.

Councillor Staikos describes himself as a collaborative, focused, and hard working Councillor and on his election as Mayor he nominated a range of issues he believes require the ongoing attention of the Kingston Council.

"Over the coming year I will endeavour to maintain Council's focus on stopping inappropriate development in the Green Wedge, address the needs of Kingston's ageing population, continue Council's focus on supporting diverse communities and protect the interests of local residents."

Following the election of Councillor Staikos as Mayor, Councillor Donna Bauer, who is also celebrating her first anniversary as a Kingston Councillor, was unanimously elected to the role of Deputy Mayor.

Councillor Bauer was congratulated by all Councillors on her appointment to this role in which she will be a key Councillor support to the Mayor.

Since her election victory twelve months ago, Councillor Bauer has maintained an energetic involvement in a diverse range of community activities and is a keen representative of the residents of the South Ward, including being part of the innovative Chelsea Community Renewal Project.

"I see the role of Deputy Mayor as very important and I am sure that, together with Mayor Staikos, we will ensure that the interests of all residents are not only well represented, but dealt with quickly and efficiently by Kingston Council," said Councillor Bauer.

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## Where other Clubs Meet

A Rotarian can attend the weekly meeting of any Rotary club around the world. This is a "make-up" and counts as attendance credit when you are not able to attend a meeting of your own club.

Details for all District 9810 clubs can be obtained in the district directory or website [www.rotary9810.org](http://www.rotary9810.org). Details for clubs around the world are available in the RI Directory (held by the club secretary) and on the RI website ([www.rotary.org](http://www.rotary.org))

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## Reminders

Please ensure that the club is aware if you will be missing a meeting. Contact **Heather Norling** on 9544 4220 by 4 pm on the day of the meeting, if you are not going to be present.

Contributions for inclusion into the Bulletin should be passed to [michaele@netspace.net.au](mailto:michaele@netspace.net.au) by Thursday evening of each week.

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## Joke of the Week

A little guy is sitting at the bar just staring at his drink for half an hour when this big, mean bikie steps up next to him, grabs his drink, gulps it down in one swig and then turns to the guy with a menacing stare as if to say, "What'ya gonna do 'bout it?"

The poor little guy starts crying. "Come on, man," the bikie says, "I didn't think you'd cry. I can't stand to see a man crying."

This is the worst day of my life," says the little guy between sobs. "I can't do anything right. "I overslept and was late to an important meeting, so my boss fired me. "When I went to the parking lot I found my car had been stolen and I don't have any insurance. "I left my wallet in the cab I took home. "I found my wife in bed with the gardener and my dog bit me.

"So I came to this bar trying to work up the courage to put an end to my life, and then you show up and drink my damn poison."

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## Rotary International News

### A deadline Rotary can meet

**By Mark Wallace**  
**Rotary Club of Crows Nest, NSW**  
**Associate Editor, Rotary Down Under**

It's a disease that affects one in 3300 males in Australia.

Actually, Duchenne muscular dystrophy does more than "affect" them. Put simply, it kills them – usually before they reach the ripe old age of 21.

Duchenne is a common relentlessly progressive disorder of skeletal, cardiac and smooth muscle. Loss of muscle power and subsequent loss of function is caused by the absence of "dystrophin", a muscle stabilising protein found in many parts of the body including all three types of muscle, nerves and the brain.



On average boys lose the ability to walk by 10 years of age, have respiratory insufficiency in their teenage years, and most have cardiac involvement from an early age to varying degrees. Lifespan is shortened to late teens to early twenties without specialist quality care.

At the age of 30, Daniel Harry, of Kurwongbah, Qld, is what Director of the Duchenne Foundation Deborah Robins calls a "pioneer".

"So few have reached that age," Deborah said. "We lost an indigenous boy in Cairns at 13 a couple years back and most of the lost ones amongst our members around Australia have been 16, 19 and 21, so mid-20s is the current prognosis.

"But there will be a lot more Daniels coming through the ranks with better care and I hope my son will be one of them.

"I spoke to the father of a 30-year-old in Sydney last night and it is always a surprise because such long survival is not the norm. He was in his early 20s when he had to start using a Bi-pap breathing machine at night as he slept. This involves a mask connected by a pipe to the machine.

Daniel has grown up knowing he will get weaker with each passing day.

"I walked in my youth but by the time I was 10 my leg muscles had become so weak I was forced to use a motorised wheelchair for mobility," he said. But enough is never enough for this debilitating, degenerative disease. It only ever gets worse. "When I started on the Bi-pap I used it for only 8-10 hours while I slept," Daniel said.

"But of course my muscles have continued weakening. My muscles have also now degenerated to the point where I can only use my computer and drive my wheelchair independently, I need assistance with everything else. I use the machine 10-12 hours a night and 4-5 hours during the day." The machine is powered by mains electricity, which means Daniel is confined, even though there are machines that would allow those with Duchenne muscular dystrophy to live a far more "normal" life. A non-invasive diurnal ventilator is a portable machine that sits on the back of a wheelchair and has a mouthpiece that is no more invasive than a straw that allows the user to take an easy breath as and when he needs to. No face masks, no power cords, no confinement.

But they're not cheap. Current quotes are \$20,000 each, but according to Deborah a 25 per cent discount applies if an order of three is made before the end of December.

One of the three machines will go to Daniel. Already the Foundation has raised \$7000 through corporate and private sponsorship. The Foundation needs pledges, and they need them now. So the Foundation recently called on the Rotary Club of Crows Nest, NSW, to help it find the other \$38,000 it needs for three such machines. The club has supported the Foundation for several years as a show of support for one of its members, whose young son also has Duchenne muscular dystrophy.

Clubs and other donors do not need to come up with the money straight away. The Foundation will issue invoices only if the required amount of pledges is reached.

**Contact Deborah Robins on 0407 438 965, or by email [deborah.robins@duchennefoundation.org.au](mailto:deborah.robins@duchennefoundation.org.au)**

**For more on Duchenne muscular dystrophy, go to [www.duchennefoundation.org.au](http://www.duchennefoundation.org.au) or [www.blueball.org.au](http://www.blueball.org.au)**

**Clubs interested in partnering the Rotary Club of Crows Nest to help can contact Mark Wallace on 0408 182436 or [mrw389@netspace.net.au](mailto:mrw389@netspace.net.au)**