

ROTARY CLUB OF SYDNEY CBD



BULLETIN



The Rotary Club of Sydney CBD
Rotary District 9750
Meet 1st & 3rd Monday 6pm for 6.30pm
Castlereagh Boutique Hotel
169 Castlereagh Street Sydney NSW 2000
PH:+ 61 2 9181 3128
www.rotarysydneycbd.com.au

MAY IS ROTARY HEALTH RESEARCH MONTH

International President 2008-09 DK Lee

District 9750 Governor 2008-09 Barney Koo

18 May 2009
THIS WEEK'S SPEAKER
Ms Nicole Watson



Nicole Watson is a member of the Birri-Gubba people of central Queensland and the Yugambeh language group. Nicole has a Bachelor of Laws from the University of Queensland and a master of laws from the Queensland University of Technology Nicole was admitted as a solicitor of the Supreme Court of Queensland in 1999. She has worked for Legal Aid Queensland, the National Native Title Tribunal and the Queensland Environmental Protection Agency. Nicole is also a former editor of the Indigenous Law Bulletin.

Nicole is currently employed as a research fellow at the Jumbunna Indigenous House of Learning, UTS. She has published in a variety of academic journals and is a regular contributor to the National Indigenous Times.

Nicole's areas of research include Indigenous land tenure reform and the Northern Territory Emergency Response.

TONIGHT'S PROGRAM
6.00 *PRE – DINNER DRINKS*
CHAIRMAN: PAST PRESIDENT GRAHAM STEER
6.30/40 CALL TO ORDER & WELCOME

ACKNOWLEDGEMENT OF COUNTRY
"I WISH TO ACKNOWLEDGE THE GADIGAL PEOPLE OF THE EORA NATION, THE TRADITIONAL OWNERS ON WHOSE LAND WE HOLD THIS MEETING TONIGHT. I PAY RESPECT TO ELDERS PAST AND PRESENT"
ROTARIAN: DR BENJAMIN PITTMAN

TOAST TO AUSTRALIA

WELCOME & INTRODUCTIONS
PRESIDENT JIM HARRISON

REPORTS

PRESENTATION TO
THE HON. MICHAEL KIRBY AC CMG

PRESENTATION TO NASCA
WALAN BARRAMAL BREAKFAST PROGRAM

SPEAKER: MS NICOLE WATSON
INTRODUCTION: DG BARNEY KOO
VOTE OF THANKS: DGN DAVID BRAWN

JANNAWI DANCE THEATRE
INDIGENOUS DANCE GROUP

ACKNOWLEDGEMENTS

PRESIDENT JIM HARRISON

CLOSE: ROTARY 4 WAY TEST

“Sharing a Journey with Indigenous Australians” is one of the highlights of our clubs year. Our CBD club, since formation in 1996 has been the catalyst in promoting and advancing greater understanding and support of Australian indigenous people.

This meeting is to promote National Reconciliation week which commences 27 May – 3 June. The theme for reconciliation week is “ See the person, not the stereotype”

The National Aborigines and Islanders Day Observance Committee (NAIDOC)

NAIDOC is an awareness week aimed at celebrating Indigenous Australian culture and building bridge between Indigenous and non-Indigenous people This year (NAIDOC) and the Australian Government are encouraging communities across the country to embrace the theme of NAIDOC Week to be held 5 July to 12 July 2009 - **Honouring our Elders, Nurturing our Youth.**

NAIDOC Week provides an opportunity for Indigenous and non-Indigenous Australians to join together to recognise the valuable contribution Indigenous people have made to this country. The theme reflects the great contribution made by Elders to community life. Elders are inspirational leaders and nurturers of young people. The theme encompasses the achievement of Elders past and present and looks to the future.

Young people's lives are enriched by the care and mentoring of Elders and through their guidance the young people are encouraged to find and stay on the right path **NAIDOC Week, from 5-12 July 2009**, showcases Indigenous people's achievements and contribution to the nation.

CBD ROTARY - MAJOR INDIGENOUS PROJECT

This years major community project will be the Walan Barramal Breakfast Program for 135 students across 3 schools (Alexandria Park Community School, Marrickville High School and Tempe High School) in the Sydney metropolitan area.

President Jim when taking up his Presidency sought to carry out an indigenous project for children.

He requested Club member **Carrie Bendeich (pictured)**



Deputy CEO of the National Aboriginal Sporting Chance Academy (NASCA) to suggest a Project which would benefit children in keeping with the RI President's theme to Make Dreams Real (and especially for children and health) This project will cover extracurricular activities related to health and fitness, and hopefully will motivate and encourage indigenous

students to continue their education, increase their post school opportunities and improve their self belief and self esteem.

This commitment of up to \$6,700 would cover 2 school terms of funding for the Breakfast Program as well as a Health and Nutrition Session and a No-Way Campaign Workshop.

NASCA aims to be the peak body for Indigenous Sport, Health and Education in Australia and set the international standard for imaginative and effective personal development programs for Indigenous communities.

Through various programs NASCA aims to encourage Indigenous children to: Persist in education Participate in sport & recreation programs, Lead healthier lifestyles, Be proud of their culture and history, Be motivated to achieve goals, Reduce substance abuse and improve school and community harmony (**Pictured – NASCA kids with Cathy Freeman**)



CBD GARAGE SALE

On Saturday 6th June, a garage sale was held at Benjamin Pittman's house in Lilyfield. Shirley Doust, Doris Cope, Jim Harrison, Ron Richards and Sally Hetherington turned up to help out.

Many people came to look at the wonderful items we had on sale, having been especially drawn to the garage sale after Shirley's tricks of the trade helped us raise o\$163, with the unsold items being towed off to our **ROTARY CBD MARKET STALL THIS SATURDAY 23 MAY AT THE ROZELLE MARKETS VOLUNTEERS ARE NOW CALLED – PLEASE CONTACT SHIRLEY DOUST ASAP**

shirleydoust@bigpond.com



(Pictured: Doris Cope, Shirley Doust and Ron Richards hard at work at the garage sale.)



Here they are again with Benjamin Pittman

**RUSSIAN NIGHT
15 June 2009**

The upcoming Russian night is sure to be a night to remember! Author Gary Nash will be speaking about his book "THE TARASOV SAGA: From Russia through China to Australia". The book was chosen by *The Australian Bookseller and Publisher* magazine as ONE OF THE TOP 20 NON-FICTION BOOKS OF 2002.

When: Monday 15th June, 6pm for a 6:30pm start
Where: Castlereagh Boutique Hotel
Cost: \$35 which includes a 2 course meal of Beef Stroganoff and Russian Blini.

Make sure to mark it in your diaries!

TEAM GSE 2009



(Pictured; members of our GSE team together with some of the Brazil GSE Team members)
Our D.9750 GSE Team is now back at home, and the feedback received has been greatly positive. District 9750 GSE committee Chair Simon Rez received an email from his counterpart in Brazil José Carlos.....
"I have just returned home from a farewell party to your GSE Team. Today is Amy's birthday and we took that opportunity to present a photo session of their journey, and to offer Amy our wishes for a happy anniversary and to say "good-bye" to the wonderful team that you have sent to us. Our District Conference ended yesterday and we had a wonderful time there.

Our Governor Ronald asked me to thank DG Barney Koo and yourself for sending us such a wonderful team. I do trust that they enjoyed their stay here just as much as we did. Michelle Kilburn was an excellent and wonderful leader. I enjoyed a lot to have worked with her. My best regards to you." **José Carlos**

So hopefully we will see the Team Leader, CBD member Michelle Kilburn back with us soon looking "fit and rested and ready for work" after her adventures in Brazil (Ed.)

With our team to Brazil making their way home to us, we turn our attention to select DGE Glenn Wran's Team to Rajasthan India. Please contact Service Director Joaquim Smith for details joaquim.f.smith@gmail.com if you wish to nominate a Group Study Exchange member to India (Can you find Michelle in the Group?)



"NEW HOPE" COCKTAIL PARTY A HUGE SUCCESS

Over 70 people attended the event held last Friday evening at the Mary Mckillop Place in North Sydney was a huge success both financially and socially.

We welcomed **Sister Ann Gilroy** (who is the driving force behind this excellent project) and a large number of Sisters from the Mary McKillop Mission.

Sister Ann who has just returned from Brazil, spoke of the wonderful work being carried out in difficult circumstances by **The Sisters of the Mary McKillop Mission**, working in the poorest areas of Brazil to save the little children from being abused on the harsh streets of the slums. She advised that the fence around a small crèche so the children can come inside to a safe haven has now been built with funds supplied by the local people!

The money raised by Rotary CBD will now go towards providing buildings and accommodation for the kids.

District Governor Barney and Lorraine Koo and President Jim Harrison were to the fore in the bidding on the auction items.

Special thanks to Shirley Doust, Kaye Gordon, Joan Richards, members of the fund raising committee and to all members who supported the function by donating goods and by their attendance. It was a fantastic CBD event!

RYPEN PROGRAM 2009

Rotary CBD sponsored two candidates for this year's RYPEN program- Alex Baass and Gemma Cook. Both girls study at St Vincent's College, Potts Point. This year's program was held from Friday 5th to Sunday 7th May in Deer Park, Sutherland. The girls thoroughly enjoyed themselves, and learnt a lot from the guest speakers and team building activities. Both Alex and Gemma and offered to volunteer at future Rotary CBD events, and will speak at our club in the near future. Well done girls!

MEMBERS INDIVIDUAL \$30 DINNERS

All you have to do is invite a minimum of four friends to dinner and charge them \$30 each.

Has the recession hit your friends hard? No worries.

Try these other fundraising tips!

- Sell biscuits at work
- Sell unwanted items on Ebay
- Ask your friends, family and workmates for donations
- Hold a garage sale
- 'Guess how many' lolly jar
- Ask for a donation for your birthday instead of a gift
- Afternoon tea at work
- Have a swear jar at your home or work.

You would be amazed at how much you could raise with these tips!

8th JUNE MEETING SUMMARY

Last fortnight's meeting was not the same as usual, with President Jim Harrison missing and on important business. However, the show went on, with President Elect Amy Hing-Young getting in some practice for next year. She did a fantastic job as we are accustomed in our club. The theme of the meeting was job talks, with CBD members Lyndsey Douglas and James Odlin speaking. Lyndsey spoke about her role at the NSW Farmer's Association, and the importance of farmers to Australia. She brought along goodies, including stickers, tattoos and copies of The Farmer's Post newspaper, in which an article she wrote featured on the front page.

James spoke about his long and varied career as a jack of all trades, with his most recent career being in retail interior designing. It was a great meeting, with everyone learning something new.

MEMBER OF THE MOMENT

Lyndsey Douglas

What do you like best about Rotary CBD club?

The wonderful company, the food and the sense that we're quietly and gradually improving the community around us.

How many times did it take you to pass your driving test?

I'm embarrassed to say I'm still driving around with P plates and my license photo is really appalling – two very good reasons to bite the bullet and take the test again!

If you could go forwards or backwards in time, which would you choose? Backwards to the 50's – life seemed so orderly then!

What animal do you wish you could turn into for a day?

A plover – so I could communicate with them to explain that when I accidentally walk near their nests, I'm not trying to disturb them and do not deserve to be swooped and squawked at in public.

What do you generally like to do on the weekend?

I play rugby on Saturday and usually spend Sunday bruised and battered, pondering why I played rugby on Saturday.

What is your favourite movie and why?

"Blow" – it made me wail...and appreciate how unyielding a parents' love is for their child

ECO TIPS

When sending an invite to a party, send it by email rather than post. This will save paper, time, and money!

Compost your leftover food. This will make a powerful fertiliser for your garden

Make your own beauty products at home.

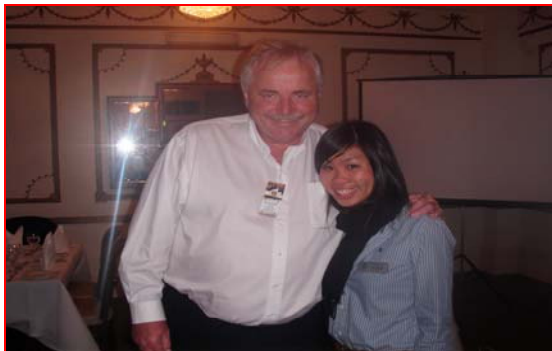
Combine mashed avocado with some coconut milk, apply to your hair and rinse out after 15 minutes. This makes a great conditioner!

Clothing - Whenever possible, buy clothing made from organic cotton and/or hemp.


PVC- Avoid purchasing plastic #3, PVC/vinyl.

Plants - Learn about the top plants for removing toxins from the air in your home

Pictured at last meeting
Members, Kim Smith, DGN David Brawn
Toni Adams, and PE, Amy Hing -Young



Past President and Master of Ceremonies
Graham Steer is an affable host!



Members rostered on
should be at the club before 6pm. If you are
unable to accept this duty please
exchange with another member.

TONIGHT
DESK – Joaquim Smith, Amanda Clarke
MEET AND GREET – Mano Tiari, Sally Hetherington

EQUIPMENT SET UP AND PACK AWAY
Kim Smith, Russell Galt

1st JUNE
DESK- Ben Fung, Shirley Doust
MEET AND GREET- Lyndsey Douglas, Michael
Kenyon
EQUIPMENT SET UP AND PACK AWAY- Kim
Smith, Sally Hetherington

15TH JUNE
DESK- Diane Malcolm, Sasha Miroshnikoff
MEET AND GREET- Amanda Clarke,
Janet Kayes
EQUIPMENT SET UP AND PACK AWAY- Kim
Smith, Sally Hetherington

29TH JUNE- CHANGEOVER NIGHT
DESK- Ben Fung, Toni Adams
MEET AND GREET- Carrie Bendeich, Eugenia
Miroshnikoff
EQUIPMENT SET UP AND PACK AWAY- Kim
Smith, Rees Rear

ITEMS FOR BULLETIN
Bulletin Editor - JOAN RICHARDS
joan-ron@bigpond.net.au
or Deputy Bulletin Editor
SALLY HETHERINGTON supergirlsally@hotmail.com
BY THURSDAY OF EACH WEEK

UPCOMING PROGRAMS AND MEETINGS 2009
1 June: PRIDE OF WORKMANSHIP AWARDS
9 June: BOARD MEETING
15 June: RUSSIAN NIGHT CELEBRATIONS
29 June: CLUB CHANGEOVER DINNER
6 July: PRESIDENT AMY HING- YOUNG

**ROTARY CLUB OF SYDNEY CBD BOARD
2008-2009**

President
Jim Harrison jimharri@bigpond.net.au

Service Projects- Vice President
Joaquim Smith Joaquim.f.smith@gmail.com

IP President
Russell Galt rgalt@bigpond.net.au

Secretary
Amy Hing-Young ahing@bigpond.net.au

Treasurer
Ben Fung bfung@tpg.com.au

Club Administration
Roger Kilburn kilburn@bigpond.net.au

Fundraising
Kaye Gordon
Shirley Doust shirleydoust@bigpond.com

Membership
Joan Richards joan-ron@bigpond.net.au

Public Relations
Michelle Kilburn michelle.calvert@det.nsw.edu.au

Rotary Foundation and International
Eugenia Miroshnikoff Eugeniam2@yahoo.com.au