

Know your Fellow Member: Phil Ibbotson



Born in 1929 in Western Australia and educated at Perth Modern School and University of Western Australia (B. A, B. Ed) and University of New England (Dip. Ed Admin).

I came to the ACT as the Foundation Principal of Bruce TAFE College after 27 years of Primary, Secondary and TAFE teaching and administration. Subsequently I became Associate Director , Canberra Institute of Technology.

In Western Australia I was a member and President of Bunbury Apex Club and Zone Secretary of Apex WA and Malaysia. In the ACT I have been a member of and am a Past President of the Canberra Woden Rotary Club. I have also served on and chaired Rotary District 9710 Committees .

From 1947 to 1978 I served in the Army Reserve , retiring with the rank of Lieutenant Colonel . My last posting was with Training Command , responsible for introducing Training Systems to the Army Reserve.

I am currently Treasurer of Action for Autism Inc I have published a book of poems and co-wrote an operetta for Year 11 students

I have been married to Louise for 56 years with four children - Peter, Ralph(dec) Stephen and Dorothy . We have 6 grandchildren in Perth, Toowoomba, Canberra and Magdeburg (Germany) and one greatgranddaughter

In the words of Albert Facey , I have had " A Fortunate Life."

Rosters:

	<i>This week 15th Aug</i>	<i>Next week 24th Aug</i>
Program	Rotary Adventure in	Neale Emanuel "Ramblings in Indo China"
Introduction Appreciation Fellowship	Citizenship (RAIC) at The Hyatt Hotel	Bruce Hall Peter Evans Des Henderson-Kelly Murray Crowe Keith Avent
Raven Recorder Birthdays Anniversaries	John Gray Piers Booth 19-Aug Phil and Louise Ibbotson 20-Aug	Ros Osbourne 28-Aug Bob and Helen Harvie 25-Aug John and Julia Widdup 27-Aug
Trash & Treasure	21-Aug-05 Gary Scott 28-Aug-05 Tom Davies 4-Sept-05 Des H-Kelly	Eric Taylor Val Bland Bruce Wyatt

The Raven

The Weekly Bulletin of the Rotary Club of Canberra-Woden Inc.

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Today:

ROTARY ADVENTURE IN CITIZENSHIP

in

Hyatt Hotel

Monday 15th August at 12.30 pm



SERVICE Above Self

On Saturday 13th August, 48 year 11 students from all over the country will descend on Canberra to take part in the Rotary Adventure in Citizenship (RAIC) Program. The program is jointly run by the Rotary Clubs of Canberra and Canberra-Woden. Organization is assisted by the Parliament House Education Office and the National Capital Authority.

The delegates will visit and experience such icons as Parliament House (old and new) Questacon, AWM, Museum, AIS etc and participate in discussions on political matters at Parliament House and CSIRO. They will act out Senate enquiries and take part in Electoral debates. Social life will include bowling, shopping and a formal final dinner. Many lasting friendships will be made and the experience will be remembered all their lives. The delegates are hosted with Rotarian families and sponsored by the delegates home Rotary Clubs.



Last Week:

A report on last week's meeting is held over as Des and Nell are enjoying a week's break in tropical Darwin.

**General practice
in an
Aboriginal Community Controlled Health Centre
at
Narrabundah**

by Dr Peter Sharp Medical DSirector, Winnunga Nimmitjyah AHS.
Article printed in Canberra Doctor July 2005 - *With thanks Ken Goard*

Aboriginal Community Controlled Health Centres are the best method of delivering medical care to Aboriginal and Torres Straight Islander communities as the health priorities of the service are decided by the community. The services are run by a Board of Directors elected by the community, who appoint a CEO.

Strong in health

The service in Canberra is Winnunga (which means "Strong in Health" in the Wiradjuri language. It is now quite a large service, employing 2 full time and three part-time GP's, a part-time psychiatrist, a physician who specialises in psychotherapy, a dentist and dental assistant, 2 midwives, and a meeting with free liaison of midwifery worker, 15 Aboriginal health workers, three receptionists, a bus driver, and administrative staff.

Holistic health care

The aim of Winnunga is to provide a holistic health care, as issues of poor health cannot be dealt with, without recognizing the cultural and social background of the individual. The Aboriginal health workers provide the cultural background, the clinicians have the medical knowledge and skills, and the combination of the two should provide an optimum result. This is particularly true in more sensitive and complex areas such as substance abuse and psychological medicine, where long-term management is likely to be needed.

The integration of services under one roof, makes life easier for both patient and GP. The health workers deal with multiple issues including substance abuse, general counselling, grief counselling, housing issues, educational issues, issues with Centrelink, and other government organizations. The health workers can, of course, refer to the doctors if they think it appropriate.

Winnunga is also actively involved in the education of medical students, nursing students and GP registrars.

The number of staff allow different doctors to have different interests, including material and child health, alcohol and tobacco cessation, procedural work, intravenous drug use issues, and prison health. Winnunga runs a Diabetes clinic, mediation classes, a women's group, and anger management sessions. We also conduct an Aboriginal midwifery access program. Two of the doctors are Methodone and Buprenorphine prescribers and Winnunga runs clinics at Goulburn and Cooma jails, BRC and Quamby.

Personally, it is a great privilege to work with Aboriginal and Torres Straight Islander people, who are working to improve the situation of their people, despite the enormous problems. It is also a pleasure to work with the non indigenous clinicians, and other organizations, such as ACT AMA, who have demonstrated a commitment to the improvement of Aboriginal Health.

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