



Rotary Club of
Canberra Woden Inc
District 9710
Weekly Bulletin, Vol 37 2004/2005



No. 13 Wednesday 29 September 2004

	This Week	Next Week
Program	Gina Hall Women's Suffrage	Julie Tong Indigenous Health
Introduction	Val Bland	Pamela Best
Appreciation	Des Henderson Kelly	Ajit Banerjee
Fellowship	Bruce Hall Ken Goard	Val Bland Carlo Binutti
Raven Recorder		
Trash & Treasure	Noel Hart Sanu Kainikara	Tom Davies John Gray
Birthdays	Bob Harvie 2/10 Norma Sheldon 3/10 Nell Pain 4/10	Helen Henderson Kelly
Anniversaries		Ken & Denise 11/10

Club Address: PO Box 637 Woden ACT 2606
<http://rotarnet.com.au/canberrawoden>

Dinner Meetings held each Wednesday, 6:00 for 6:15pm
Embassy Motel, Hopetoun Circuit, Deakin

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The Raven



To-night
Gina Hall
Women's Suffrage

Rotary Grace

O Lord and Giver of all Good
We Thank Thee for our Daily Food
May Rotary Friends and Rotary Ways
Help us to Serve Thee all our Days.

Raven Deadline PM Sunday to nhart@netspeed.com.au
or gdwpain@netspeed.com.au

Meeting 22 September 2004 Present

Members 24
Guests 4
Percentage 66.6

Ros Osborne reminded members to look out for nominations for RYLAH (Rotary Youth Leadership Award). This week-long program offers young people aged 18-24 years an opportunity to enhance their personal development and leadership potential. We also need nominations for RYPEN (Rotary Youth Program of Enrichment), a program that communicates to young people aged 14-17 years a series of ideas, problems and social experiences that will assist them in forming their own values and moral standards.

Piers Booth noted that we seem to have run out of Club Brochures, so the Board will need to initiate the printing of an up-to-date version.

John Widdup and Shukry Sahhar distributed material on the Rotary Scenic Cycle Tour of Canberra, indicating responsibility for various jobs on 10 October.

Piers Booth introduced the guest speaker: **Lorraine Wyseman**. Lorraine has been a primary and secondary teacher but

is now involved in a Real Estate business in Tumut. She is a Past President of Tumut Club serves on the membership committee. She spoke to us about how to go about increasing membership.

Lorraine's past teaching experience came to the fore and she stood us all up to hold hands and to sing "Row-row-row your boat" together in a hearty and enthusiastic fashion. This (she assured us) made us feel good and would help us all to work together as a dedicated team.

We made a collective list of all the things that we enjoy doing in Rotary, which ended up being quite extensive. This highlighted the good things about Rotary and showed us that we can readily sell the organization to others by showing them how much enjoyment and satisfaction we get from belonging to Rotary.

Lorraine then distributed a long list of vocations and asked members to enter the names of people in the community who we felt could fill a gap in our classifications. Quite a long list of names was produced and Ian Excell will hand the forms to Frank Sheldon for processing. Lorraine's tackled the issue of membership in an interesting and practical manner and got

many people thinking of how to enhance our membership.

Keith Avent thanked Lorraine on behalf of members and suggested that we sang "Row-row-row your boat" so well, that we should use this in place of the anthem!

Raven Recorder Robin Cromer

ANU Brain research

Two students at the ANU are conducting some research into how the brain changes during healthy aging aimed at preserving mental functioning with age.

Volunteers over the age of 60 who are right-handed and male are required to take part in the studies. Two studies will be undertaken to test reaction time each of 1-1 1/2 hours.
please contact:
Karen Tran, ph: 0409 037 430

From The District Governor

"Clubs will now be aware that as Tory & I visit them, Tory presents a challenge to clubs to raise funds for The Rotary Foundation. Each club is to bring their Bear to the District Conference next March where the 47 bears will become part of the table decorations and the stories about the naming the bears and the fund raising efforts are to be told. Already there are rumours cir-

culating that one of the Bears has been kidnapped and a ransom has been demanded. Others are travelling, with a "mileage tax" imposed on the keeper. Our district fund raising target is to reach a minimum of \$100,000 for The Rotary Foundation as we Celebrate the Centennial of Rotary"

Rotary International

Up to 13 million children under age five in eight northern Nigerian states were targeted in Sub-national Immunization Days (SNIDs) held 6-9 September.



Life is Serious

A day without sunshine is like night.

Remember half the people you know are below average

Change is inevitable except from vending machines

We acknowledge the Ngunnawal people and their stewardship of the land on which we meet as a Rotary Club