

SEPTEMBER IS NEW GENERATION MONTH

Is a time to highlight some of the projects that the youth of Australia can be involved in, in Rotary. Many Aussie youth have benefited from these worthwhile programs.

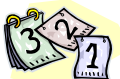
Another one is:

ROYA Recognition Of Youth Award is unique to District 9690 and was set up to mark the 75th anniversary year of RI. And has been conducted successfully ever since. It is far more than just a popular person contest, rather it seeks to identify and recognize involved, concerned young people of all round ability, involved in community affairs and taking opportunities to participate in a wide range of interests. The program is offered to Seniors (Year 11 and 12) and Juniors (Years 9—10).



DIARY DATES:

5.11.2006 All Chrysler Day
Fairfield Showground—gates
open 6.00 am All help required
to make it another top
fellowship and fundraising day.



BIRTHDAY AND ANNIVERSARIES

No celebrations for a couple of weeks fellows.



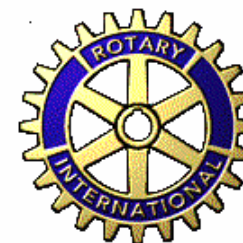
Tour to ANSTO time of arrival 1.45 pm.

Information— that you are to be aware of:

- Fully enclosed shoes (no sandals, thongs or high heels) must be worn
- No cameras are permitted beyond the Education and Tour Centre
- No mobile telephones with cameras are permitted beyond the Edu. & Tour Centre
- No bags of any kind are to be taken beyond the Education & Tour Centre (we can provide lockers if necessary)
- Exception: medication, snacks and drinks may be brought in a clear plastic bag if needed.
- Participants must bring identification (licence/passport/pension card) with them on the day of the tour.
- Are there members of your group with any mobility limitations or medical conditions we should be aware of (i.e. heart pacemakers or walking frames)?
- As well as visiting the OPAL reactor building and the Neutron Guide Hall, please choose 3 of the following which would be of interest to your group.
- HIFAR (current research reactor—exterior view only)
- Materials & Engineering Science (including SYNROC)
- Environmental Science Laboratories or Waste

The Rotary Club of Cabramatta Inc

<http://www.rotarnet.com.au/cabramatta>



4th September 2006

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Tonight's Program:

Will be our Club Assembly. I hope that everyone is prepared for this evening.

RESPONSIBILITY

A man carries his success or his failure with him... it does not depend on outside conditions.

- Ralph Waldo Trine

LAST MEETING: President David opened the meeting and welcomed everyone in attendance. We had a guest speaker, Tad Purtill who is the owner of Superior Speeches, which is a presentation skills training business which he formed after almost dying from boring PowerPoint presentations. Tad graduated in law but narrowly avoided becoming a solicitor. He is the Treasurer of the National Speaker's Association of Australia (NSW Chapter), and a regular presenter for the CEO Institute. Tad spoke on "How to Survive Giving a Speech". Ted was introduced by PP Ray Begovich and he told us about the "Knows" of Public Speaking. And they are **KNOW** how to keep it simple—prepare less material than you think you need—the speech will go faster than you think, **KNOW** how to practice—practice to a brick wall—it will give you the same feedback as many of your audiences! **KNOW** how to move—body language is important—don't be rigid but don't distract the audience with excessive movement. **KNOW** how to tell a story—give the audience only the details which move the story along. **KNOW** your stuff—public speaking is easy if you know your topic well and are passionate about it. Tad also said that people have a fear of giving a speech and it is because you have not had enough practice and lack of preparation or you do not know your subject —also get the audience involved and don't make the speech too long as it becomes boring. Tad said that there 3 essential parts to make a great guest speaker and they are 1. Stand up to 2. Speak and 3 know when to shut up. PP John Howie passed a vote of thanks to Tad.

ATTENDANCE: 76.9%

APOLOGIES: PP Max and Helen Law, PP Greg and Joanne Houston, PP Geoff and Sue Lumley, Julie Butterfield, Bev Colless, Geneta Grujovski, Irene Little, PP Neil Houlton, Julie Butterfield and Gail Shaw

CLUB GUESTS: Ted Purtill from Superior Speeches and Caroline Brivall

GUESTS OF MEMBERS: Carol Begovich, Peter Farrell, Jean Howie, Anne Roman, Jackie Ruston and Nada Satara

MAKE UP: IPDG Bill Little

RAFFLE: was a Tombola with 6 winners being PP Graham Shaw, John Grujovski, Caroline Brivall, Carol Begovich, Jackie Ruston and Kay Farrell

Secretary's Report: Given by PE Margaret Favelle

- Letter from Bowelscan thanking us for our participation in the program and to advise dates for the Program for 2007.
- Letter from ARHRF re diary date 7.12.2006—an evening with Baroness Susan Greenfield who is a distinguished scientist, broadcaster writer and best selling author for Christmas Dinner at the Epping Club. Contact Ted Atkinson on 8837 1900 for tickets and information
- ARHRF asking does our club have a Community Service Project or looking for a project that meets the Rotary International Presidential Citation—a mental health community awareness forum meets all of these criteria. Contact Cheryl Deguaara on 8837 1900 or cheryldeguaara@arhrf.org.au
- ARHRF—Charity Golf Day and Dinner Riverside Oaks, Cattai Thursday, 1.3.2007 golf only \$200 per player Golf and dinner \$250 dinner \$100.
- CareFlight News
- South West Sydney Legal Centre join them in celebrating 20 years—11.10.2006—11.00 a.m.—3.00 pm RSVP 29.9.2006—Cindy 0414 629 799.
- Millennium Foundation Golf Day—\$200 per person at Oatlands Golf Course—31.10.2006.
- Millennium Foundation—invitation to visit campus—dinner and guest speaker and tour of Westmead Millennium Institute. Contact Gail on 9845 6289

Community Service Report: Director PE Margaret Favelle

- Shoe Boxes—list of what to include in your boxes and also what not to include in it.

President's Report

- President David Thanked PP Ray Begovich for organizing the Bowelscan project.
- Board Meeting was cancelled due to lack of members present.
- District Paul Harris Fellows luncheon—function sheet going around.

FUTURE PROGRAMS:



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| 11. 9.2006 | Primary School Students night with Anthony Stimson and friends |
| 18. 9.2006 | Mali Sok a volunteer to India. |
| 16.10.2006 | DG's visit |