

29<sup>th</sup> July 2009

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## News from Brisbane Centenary

In the annals of the Club's 21 year history, it is doubtful whether we have enjoyed a more productive or financially successful weekend than last at the Fun Run and Rock's Festival. Congratulations to all involved especially the organisers. This week we are starting a regular article on health matters using excerpts from staff circular memoranda Danny issues as part of his duties as Workplace Health and Safety Officer for Ipswich City Council - Ed

## Message from the President

At our last Board Meeting, other than a joining fee of \$30.00 and raising semi -annual fees to \$130.00 the rest of the meeting was good news. Our guest speaker, **Trevor Morris** from Samaritans Purse opened my eyes to what else is going on out there other than Rotary - the shoe box project is exciting and maybe we can help closer to Christmas in sorting the boxes.

Neville Blomeley this year is District Director of Interplast so we must enquire how we can support Interplast as we have done previously.

Thanks again to John Cridland and Graeme Stratford for their efforts with Beefbank and collecting another \$1200.00 from Woollangabba Club. Let's hope we can have a joint meeting on or about the 9<sup>th</sup> September at Food bank. Andrew's never ending foray into ways we can get more cattle is starting to pay off. Thanks Andrew!

Let's not forget our duties on Wednesday mornings if we are rostered.

Keep in mind we still need a 2<sup>nd</sup> host family for our inbound exchange student, Dorina. It is a great experience for any family and there is plenty of support from club members.

Remember our charity is our foundation, without it we could not support the programs we have in Rotary.

Let's all come along next week with ideas for the clubs future.

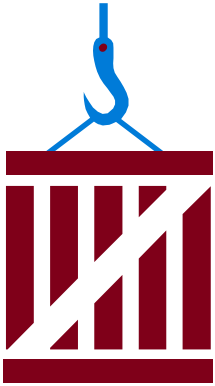
Graham O

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**URGENTLY REQUIRE  
VOLUNTEERS FOR  
CATERING AT ROTARY  
HOUSE  
ON  
SUNDAY 2<sup>ND</sup> AUGUST  
SEE P P JOHN C.**

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## Rotary News – At Home and Abroad



### Shelter Boxes . . .

The two shelter boxes donated in June this year have been allocated tag numbers AUS 6004 and AUS 6005 respectively. At this time they are awaiting deployment. Unfortunately, a disaster has to occur somewhere in the region for this to occur, but we can be comforted in the knowledge that we have this wonderful gift ready to respond. Their progress can be checked at any time on the Shelter Box Australia website. The previous shelter box we donated was sent to the Earthquake at Chengdu in China in May last year. Earlier boxes were unfortunately not recorded on the Honour Roll. John Cridland



### ***THE FUTURE OF ROTARY IS IN YOUR HANDS.....***

Our roadmap to the future of Rotary is the Rotary International Strategic Plan. The plan is made up of seven priorities that Rotarians worldwide determined to be the most important concerns for Rotary in the years ahead.

As you will see, these activities also offer opportunities to address each of the four ***Avenues of Service***, as well as my emphases in the areas of health and hunger, literacy and water.

To qualify for a citation, your club should complete the membership goal and an activity from three of the six categories. Submit it to your district governor by 31<sup>st</sup> March 2010.

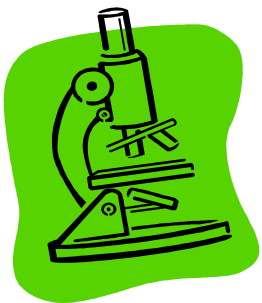
*John Kenny – President of Rotary International, 2009-10*

### ***B STRONG FROM D STRONG***

Recently it was reported in the media that a person in Holland was carrying a strain of Swine Flu that had become resistant to Tamiflu. What does that mean?

Swine flu is also called Type A, H1N1. There are three types of Influenza virus: types A, B and C. The H and N in H1N1 represent the two different types of nodules that are always found on the outside of the virus body. The H component (Hemagglutinin) is the one that attacks the body and causes the damage. It changes in shape very easily and that's why each season there is a different type of flu. The N component (Neuraminidase) gets the virus body out of the cells in your body to infect other cells. It doesn't change very much at all. Tamiflu works on the N component and reduces the virus's capacity to enter and leave the cells in your body.

Unusually, the N component of the Swine Flu virus in that one person in Holland has changed so much that Tamiflu is not very effective on it. I wouldn't go worrying about it too much though. It's only one person who is in strict isolation in a very advanced medical facility on the other side of the world. Danny Strong



## Birthdays and Anniversaries

- ✚ Belated Birthday wishes to Kath Osterfield on 15/07 and Lesley Strathford on 21/07
- ✚ Happy Anniversary to John and Allison Cridland on 28/07

## Upcoming Events

- ❖ August 2<sup>nd</sup> - **Catering** at Rotary House-volunteers required
- ❖ August 12<sup>th</sup> - **Breakfast Meeting – Jindalee Boat Ramp**
- ❖ August 29<sup>th</sup> - **Sumner Park Dance** in aid of PolioPlus
- ❖ October 30<sup>th</sup> - **Jindalee Club 30th Birthday** at Jindalee Hotel

## Rosters

Duty	29.07.09	05.08.09
Chair	Gerry Gebert	Kevin McCullough
Duty Officer	John Cridland	Nick Curry
Fellowship Officer	Nev Beckmann	Neville Blomeley
Rotary Talk	Geoff Williams	Bruce Wilson
International Toast	Graeme Stratford	Peter Tomlin
Guest Speaker	No Speaker Club Assembly	Speaker from Cancer Council



### ROTARY GRACE

Lord, make us more thankful for what we have received;  
 Make us more content with what we have;  
 And make us more mindful of others who are in need.