

# IMOG

INTERNATIONAL INFANCY,  
MIDWIFERY, OBSTETRICS &  
GYNAECOLOGY AID PROGRAMME

OFFICE: IMOG LEARNING CENTRE  
MALIANA HOSPITAL  
TIMOR-LESTE

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Details:

## General

November has gone by extremely fast due to the current workloads. SISCa clinics and Essential Newborn Care (ENC) follow-up training have seen Ben and Sally out on the road almost every working day in November.

### 1. Supporting the Midwives in Maliana Hospital and DHS

#### Supporting "Essential Newborn Care Training" Follow-Up

During June and October the Ministry of Health ran Essential Newborn Care Workshops in Maliana which were attended by many midwives and nurses throughout the District. In order to fully utilise this learning opportunity and ensure that the new knowledge is consolidated, Sally and Paulina (with Ben as driver) have been visiting each of the nurses and midwives who attended the training in their place of work in order to provide some "follow up" to the training. This is the first time that such 'follow-up' training has been implemented. This follow-up programme is both time and resource intensive but the potential benefits are great. In order to cover the whole district Sally, Ben and Paulina (or Judit when Paulina has been unavailable) had scheduled visits on every working day of November. The programme will continue into December as a number of trips could not be completed due to illness.

The follow-up training was undertaken for:

- Cailaco CHC + Bilimau HP and Purugua HP
- Balibo CHC + Leo Hitu HP and Sanirin HP
- Bobonaro CHC + Hauba HP and Leber HP
- Saburai HP
- Aidabasalala HP
- Nunudo HP
- Gildapil HP



Above Right : Midwives at Balibo involved in the ENC follow-up training  
Left : Sally and Paulina testing the depth of the river crossing to get to Aidabasalala

Still to complete are

Raiheu HP, Sibuni HP, Maliana CHC, Atabai CHC and Rairobo HP. Most postponed due to illness of the participants.

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## Resuscitation Materials

The resuscitation materials (5 ambu-bags) have just arrived in Maliana. DHS and the Hospital send the thanks to all involved in providing this essential equipment.

## Health Promotion Training Workshop for Community Health Workers

The final health promotion workshop was undertaken by Sally and Silda in Saburi this month. Thankfully this is the last time we will have to travel on this torturous road (or undertake the 2 hour up-hill walk!).



Above left: Community Health Volunteers at Saburai after Health Promotion with IMOG donated resources.  
Above right: The Health Promotion workshop at Saburai.

## 2. Supporting SISCa and follow up for PSF Workshops

This month was our last of supporting SISCAs in the three subdistricts. The final SISCAs were combined with follow up for the Health Promotion workshop with the PSF's (Community health volunteers). The PSF's each presented a Health Promotion activity at SISCa with the new methods they had learnt in the workshop. The activities were well done and it was great to see the health volunteers growing a bit in confidence.



Above left: Community Health at Daudu with the IMOG Field Team and new SISCa sign supplied by IMOG.  
Above right: SISCa clinic at Daudu – Silda and a Community Health Worker undertaking a handwashing demonstration

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### 3. Ambulance

As of the end of November the Ambulance is still off the road awaiting arrival of a new gearbox and repairs in Dili.

### 4. Rotary / IMOG Health Library

#### Computers

We have had an older printer repaired and converted to use a continuous ink system (same as our other printer). The library now has two printers so that one should always be operational should the other require repairs. This is still not a good solution as the printer are requiring regular fixing. Perhaps a better quality printer will be required.

#### Internet

After a significant wait the library now has 'broadband' internet with a wireless modem. The phone line to the library has been upgraded to ADSL and a wireless modem and router purchased. Surprisingly this is expected to be significantly cheaper per month than the previous dial-up arrangement. So far, so good – the connection is fairly fast and stable (by Timor standards). The wireless modem is expected to greatly free up the other computers in the library as several people have their own laptops.

#### Library Operation Manual

This month saw the completion of the library 'Operating Manual'. This document will provide instruction on how to run every aspect of the library as it currently stands. Over the next month it will be refined as Aka and Kika work their way through it.

#### Other Equipment

This month we managed to purchase a much needed third bookshelf. Ben also plans to build some fixed display shelves during December time permitting.

#### Monthly Meeting of Library Committee

On 17<sup>th</sup> of November the second monthly meeting of the library committee was held. The pertinent issues which were discussed were:

- Kika provided her monthly report to the committee.
- A new title was given to the library: "Biblioteca Komunitade Saude Distritu Bobonaro" (BKSDB) which translates to "Bobonaro District Health Community Library".
- The plan for obtaining formal Ministry of Health level support for continued operation of the library was reviewed and commented on and changes made to be incorporated. This document has the following purposes:
  1. To promote awareness of the Libraries activities at the Director General / Minister of Health level
  2. Seek to commit the Ministry of Health to ensure that a suitable building will always be available for the library (regardless of local Hospital Management changes);
  3. Seek to commit the Ministry of Health to 'In Principle' support of the library, a major initial step in having the Ministry eventually take over budgetary responsibility for the facility.



A petition has been circulated calling for signatures in support of the continued operation of the library. This petition is intended to accompany the proposal for Ministry support to further demonstrate the importance the facility to the community. So far the petition has gained approximately 45 signatures.

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The plan had been to present the proposal for Ministry support and petition to the Director General during his visit. Unfortunately his visit was cancelled at the last minute.

## Books

Three excellent quality Midwifery texts were donated by the Queensland University of Technology library. They are great texts but unfortunately in English which restricts the access. The community are preparing a list of needed books so that Dr Afzal can look for them on his next trip to Indonesia.

## Arrangement for Librarian training in December

The Timor Leste Library and Information Association (ABITL) will be running a week long training in Dili in December which both Aka and Kika have been accepted into.

## 5. Weekly Health Promotion Program on Community Radio

The community radio is back online and Silda has been working closely with the DHS to ensure that priority topics are covered in the next few months.

## 6. Administration

- Ben and Sally were both struck down with a viral illness which saw them both confined to bed for several days in the middle of the month.
- Silda is recovered from her operation but is currently undergoing some investigations for possible complications.
- Some sad news – the Lolotoe CHC Director Sr. Antonio's wife died this month. It seems she had complications from a significant a respiratory infection.

### Plans For December:

- We had hoped to be winding down in December and focusing on writing a final report in Tetun for DHS about our activities over the past two years. This has not quite worked out with December just as full if not more so than any other period. The report is still a priority.
- Sally and Silda to attend the celebrations for World HIV/AIDS Day as official invited guests
- Completion of the Follow up training for Essential Newborn Care
- Packing building equipment into the container for removal by Darryl Mills.
- 'End of Year' trip to Ataúru Island for the project team (Ben, Sally, Silda, Aka and Kika) is planned for early December. This weekend away is to thank them for their hard work this year. We are grateful that IMOG has agreed to provide some funding for this trip to cover transport and accommodation. We hope that Kika's mother is well enough to allow her the time off.
- Sally will be attending a week long working group in Dili to help shape the future of IMCI and ENC training in Timor. Sally and Paulina will be recommending that more recourses are allocated for Follow-Up activities.
- December is the last opportunity for Sally and Ben to work in the library with Kika and Aka to help prepare them for working more independently. This is a very important activity and we have been trying to allocate a week to this for the last 6 months. Arrangements need to be finalized such as opening a bank account ect.
- Write and present to the MoH representative a report on the follow-up activities in November
- Evaluation workshop for the Health Program with Maliana Community Radio.
- Safely connect up the electricity to the Cailaco Maternity Facility
- Meeting of the Health Library Committee in which official positions will be chosen for next year.

Attached Documents: Maliana IMOG finance report for November 2010.

